

**WEEK
ONE**

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**CLASSIC
BEEF
LASAGNE**
With Garlic
Bread 

**HOT WOK
CHICKEN
NOODLES**

**BUTCHERS
SAUSAGE &
MASH**
with Onion
Gravy



**CHICKEN
KORMA**
with 50/50
Rice 

**BATTERED
FILLET OF
FISH**
served with
Chips & Tartare
Sauce

**OPTION
#2**

**QUORN AND
BLACK BEAN
FAJITAS** 
with Rice

**CAJUN SWEET
POTATO
& SPINACH
TART**
with New Potatoes

**VEGGIE
SAUSAGE &
MASH**
with Onion
Gravy 

**SWEET
POTATO,
CHICKPEA &
SPINACH TIKKA**
with 50/50
Rice 


**GREEK
SPINACH &
FILO PARCELS**
and Chips

**ON THE
SIDE**

Green Beans
&
Carrots

Sweetcorn &
Roasted
Broccoli

Red Cabbage
&
Peas

Roasted
Cauliflower &
Sambals

Peas
&
Coleslaw

**DESSERT
OF THE
DAY**

**LEMON
DRIZZLE
SPONGE**

**BLONDIE
WITH
BERRIES**

**APPLE &
CHERRY
OATY
CRUMBLE** 
with Custard

**FRUIT
MUFFIN**

**PINEAPPLE
UPSIDE
DOWN CAKE**

**CHECK
OUT**

OUR HOT AND
COLD GRAB &
GO SELECTION

**MEAL DEAL
PRICE**

XXX

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

**PLEASE SEE OUR THEME
DAYS AND SPECIAL OFFERS**

caterlink
feeding the imagination

WEEK
TWO

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

CHEESE AND
ONION
QUICHE
With New
Potatoes

STREET
FOOD

SPICY
CHICKEN
With Khobez and
Tabbouleh Salad

THE CLASSIC
ROAST
DINNER
with all the
trimmings

BEEF
MEATBALLS
IN TOMATO
SAUCE
with 50/50
Rice

FISHFINGERS
OR SALMON
FISHCAKES
with Chips

OPTION
#2

GREEN THAI
VEGETABLE
CURRY
with Rice

HOUMOUS
AND
FALAFEL
With Khobez
and Tabbouleh
Salad

BUTTERNUT &
BEETROOT
WELLINGTON
with Roast
Potatoes & Gravy

TOFU AND
BROCCOLI
WOK FRIED
RICE

LOADED
HOUND
DOG
with
Chips

ON THE
SIDE

Roasted
Butternut
Squash &
Cauliflower

Red Cabbage
Slaw &
Roasted
Chickpea
Salad

Broccoli
&
Sweetcorn

Carrots
&
Green Beans

Baked Beans
&
Garden Peas

DESSERT
OF THE
DAY

CINNAMON
APPLE
TURNOVER

SYRUP
SPONGE

PLUM &
VANILLA
CRUMBLE
with Custard

VANILLA
SPONGE

CARROT
CAKE

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WEEK
THREE

MENU KEY



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PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

STICKY SOY
AND HONEY
NOODLES

THE MEXICAN KITCHEN

MEXICAN
BEEF CHILLI

with 50/50 Rice
or Soft Tacos



CREAMY
CHICKEN
PIE

with Crispy
Roasties &
Gravy

CHICKEN
KATSU
CURRY
with Rice

BATTERED
FISH

with Chips &
Tartare Sauce

OPTION
#2

VEGETABLE
PLAIT
with New
Potatoes and
Gravy

THE MEXICAN KITCHEN

MEXICAN
VEGETABLE
RICE



ROAST
QUORN &
YORKSHIRE
PUDDING,

Crispy Roasties
and Gravy



SMOKEY
BBQ PLANT
BALLS

with Couscous/
Spaghetti



THE BIG
PLANT
BURGER

with Chips



ON THE
SIDE

Green Beans
&
Sweetcorn

Pineapple
Salsa &
Slaw

Roasted
Carrots &
Swede

Broccoli &
Roasted
Vegetables

Garden Peas
&
Baked Beans

DESSERT
OF THE
DAY

WARM
BANANA
FLAPJACK



SCHOOL CAKE

CHOCOLATE
SHORTBREAD
CAKE

STICKY
TOFFEE
APPLE
CRUMBLE

with Custard



PANCAKES
& CHERRY
SAUCE

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WEEK THREE

MENU KEY



ADDED PLANT PROTEIN



VEGAN OPTION



SOURCE OF WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

ONE

SECB3
CLASSIC BEEF LASAGNE

With **SECD23** Garlic Bread

SECCH2
HOT WOK CHICKEN NOODLES

SECP4 / SECCH1
BUTCHERS SAUSAGE & **SECD3** MASH
with **SECD26** Onion Gravy

SECSR2
CHICKEN KORMA
with **SECD39** 50/50 Rice

SECF7
BATTERED FILLET OF FISH
served with **SECD4** Chips & **SECD36** Tartare Sauce

OPTION #2

SECV31
QUORN AND BLACK BEAN FAJITAS
with **SECMK9** Tomato Salsa

SECV36
CAJUN SWEET POTATO & SPINACH TART
with **SECD28** New Potatoes

SECV19
VEGGIE SAUSAGE & **SECD3** MASH
With **SECD26** Onion Gravy

SECSR5 SWEET POTATO, CHICKPEA & SPINACH TIKKA
with **SECD39** 50/50 Rice

SECY4
GREEK SPINACH & FILO PARCELS and **SECD4** Chips

ON THE SIDE

SECD11 Green Beans
SECD7 Carrots

SECD12 Sweetcorn
SECD5 Roasted Broccoli

SECD37 Red Cabbage
SECD6 Peas

SECD13 Roasted Cauliflower & **SECSR8** **SECSR9** **SECSR10** **SECSR11** **SECSR12** Sambals

SECD6 Peas
SECD32 Coleslaw

DESSERT OF THE DAY

SECD24
LEMON DRIZZLE SPONGE

SECD22
BLONDIE WITH BERRIES

SECD16
APPLE & CHERRY DATY CRUMBLE
with Custard

SECD8 FRUIT MUFFIN

SECD42
PINEAPPLE UPSIDE DOWN CAKE

CHECK OUT

OUR HOT AND COLD GRAB & GO SELECTION

MEAL DEAL PRICE

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TWO**

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

SECV37
**CHEESE AND
ONION
QUICHE**
With **SECS28**
New Potatoes

**SECSF1 /
SECSF2 SPICY
CHICKEN**
With **SECSF9**
Khobez and
SECSF12
Tabbouleh Salad

**SECP3 or
SECGH13 THE
CLASSIC
ROAST DINNER**
with all the
trimmings **SECS21**
SECS8

**SECB1 BEEF
MEATBALLS IN
TOMATO
SAUCE**
With **SECS39**
50/50 Rice

SECF2
**FISHFINGERS
OR SECF1
SALMON
FISHCAKES**
with **SECS4**
Chips

**OPTION
#2**

SECV33
**GREEN THAI
VEGETABLE
CURRY**
with **SECS15**
Rice

SECSF7 / SECSF8
**HOUMOUS AND
FALAFEL**
With **SECSF9** Khobez
and **SECSF12**
Tabbouleh Salad

SECV38
**BUTTERNUT &
BEETROOT
WELLINGTON**
with **SECS21**
Roast Potatoes &
SECS8 Gravy

SECV32
**TOFU AND
BROCCOLI
WOK FRIED
RICE**

**SECHD1-
SECHD15 (SEE
CONCEPT
GUIDE) LOADED
HOUND DOG** with
SECS4 Chips

**ON THE
SIDE**

SECS35
Roasted
Butternut Squash
SECS13
Cauliflower

SECSF13 Red
Cabbage Slaw
and **SECSF15**
Roasted
Chickpea Salad

SECS5 Broccoli
SECS12
Sweetcorn

SECS7 Carrots
SECS11 Green
Beans

SECS9 Baked
Beans
SECS6 Garden
Peas

**DESSERT
OF THE
DAY**

SECD29
**CINNAMON
APPLE
TURNOVER**

SECD19
**SYRUP
SPONGE**

SECD30
**PLUM &
VANILLA
CRUMBLE**
with **SECD28**
Custard

SECD21
**VANILLA
SPONGE**

SECM89
**CARROT
CAKE**

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OPTION #1

SECV34
STICKY SOY AND HONEY NOODLES

SECMK1
MEXICAN BEEF CHILLI
with **SECS39** 50/ 50 Rice or **SECMK13** Soft Tacos

SECCH5
CREAMY CHICKEN PIE
with **SECS21** Crispy Roasties & **SECS8** Gravy

SECCH4
CHICKEN KATSU CURRY
With **SECS15** Rice

SECF7
BATTERED FISH
with **SECS4** Chips & **SECS36** Tartare Sauce

OPTION #2

SECV8
VEGETABLE PLAIT
with **SECS28** New Potatoes and **SECS8** Gravy

SECMK3
MEXICAN VEGETABLE RICE

SECV35 ROAST QUORN & **SECS34** YORKSHIRE PUDDING,
SECS21 Crispy Roasties and **SECS8** Gravy

SECV39
SMOKEY BBQ PLANT BALLS
with **SECS36** Couscous/ **SECS10** Spaghetti

SECV14
SESD18 THE BIG PLANT BURGER
with **SECS4** Chips

ON THE SIDE

SECS11 Green Beans
SECS12 Sweetcorn

SECMK7 Pineapple Salsa & **SECMK10** Slaw

SECS7 Roasted Carrots
SECS38 Swede

SECS5 Broccoli
SECS24 Roasted Vegetables

SECS6 Peas
SECS9 Baked Beans

DESSERT OF THE DAY

SECD15
WARM BANANA FLAPJACK

SECD26
SCHOOL CAKE

SECD23
CHOCOLATE SHORTBREAD CAKE

SECD20 STICKY TOFFEE APPLE CRUMBLE with **SECD28** Custard

SECD27
PANCAKES & CHERRY SAUCE

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