

## Lets get moving this Walktober!

Get moving for our wellbeing, our community and our planet

Travelling actively and sustainably can help make a change for our wellbeing, our community and our planet.

As we head into autumn, it's important that we all keep active and where possible, get outdoors. To encourage this, the My Journey Team at Hampshire County Council is inviting schools to celebrate International Walk to School Month by taking part in Walktober.

This event is designed to inspire pupils, families and staff to travel actively and sustainably throughout October by walking, wheeling, cycling, scooting, using Park and Stride or public transport. The competitions include challenges suitable for everyone to take part in, plus if you're a STARS school, you can use this as evidence towards your accreditation.

To sign up for Walktober 2024 visit: myjourneyhampshire.com/walktober

By registering to take part you will receive all the resources needed to promote the event and enter the competitions.

Closing date for registration is Friday 27th September 2024.

Competitions
for schools
and pupils, with
fantastic prizes
to be won!



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myjourneyhampshire.com/walktober





